

**CELINA INTERMEDIATE SCHOOL
SEPTEMBER 2021**

STUDENTS MAY CHOOSE DAILY:

Main, PBJ, Salad, and Yogurt

PBJ Lunch consist of: PBJ sandwich, teddy grahams, cheese stick, veggie, fruit (from the main menu) and milk

Salad lunch consist of: lettuce diced ham, shredded cheese, crackers, carrot sticks, apple slices, and Milk

Yogurt lunch consist of: Yogurt, Granola, Goldfish Crackers, Cheese Stick, Fresh Veggies, Fruit and Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef & Noodles Mashed Potatoes Dinner Roll Applesauce / Milk	2 Mini Pancakes Sausage Links Hash Browns Fruit Juice / Milk	3 Cheese Pizza Green Beans Applesauce or Fresh Fruit and Milk
6 NO SCHOOL	7 Spaghetti w/Meat Sauce Tossed Salad Breadstick Fruit Slushie / Milk	8 BULLDOG BOWL Popcorn Chicken Mashed Potatoes/Gravy Corn / Warm Biscuit Applesauce / Milk	9 Grilled Cheese Sandwich Cup of Tomato Soup w/Crackers/Carrot Sticks Fruit Juice / Milk	10 Pepperoni Calzone Corn Mandarin Oranges or Fresh Fruit and Milk
13 Chicken Strips Broccoli Pretzel w/Cheese Strawberries / Milk	14 Hamburger Sandwich Fries / Carrot Sticks Pineapple Tidbits Milk	15 Chicken & Noodles Mashed Potatoes Dinner Roll Strawberries / Milk	16 Texas Straw Hat w/Lettuce,cheese,salsa Refried Beans/Carrot Stix Fruit Juice / Milk	17 Cheesy Flatbread Pizza w/Pizza Sauce Corn Mixed Fruit / Milk
20 Stuff Crust Pepperoni Pizza Broccoli w/Cheese Pineapple Tidbits Milk	21 Chicken Leg Cheesy Potatoes Animal Crackers Mandarin Oranges/Milk	22 Salisbury Steak w/Gravy Mashed Potatoes Dinner Roll Applesauce / Milk	23 Mini Waffles or Sausage Links Hash Browns Fruit Juice / Milk	24 Chicken Patty Sandwich Broccoli w/Cheese Applesauce or Fresh Fruit and Milk
27 Corndog Fries Pineapple Tidbits Milk	28 Chicken Nuggets Corn / Pudding Graham Crackers Peaches / Milk	29 Macaroni & Cheese Peanut Butter Sandwich Green Beans Fruit Slushie / Milk	30 Texas Straw Hat w/Lettuce,cheese,salsa Refried Beans/Carrot Stix Brownie/Fruit Juice/Milk	

PLEASE COMPLETE A FREE AND REDUCED LUNCH FORM IF YOU THINK YOU MAY QUALIFY FOR FREE/REDUCED MEALS, THIS WILL HELP GET YOUR BOOK FEES WAIVED.

You may check your child's account at www.payschoolscentral.com or via convenient mobile app, you will need to put 20 in front of their 6 digit pin number.

Students may take 3/4 cup of vegetables & 1/2 cup fruit. Must take 1/2 cup fruit or

LUNCH AND BREAKFAST FREE TO ALL STUDENTS!

vegetables with a lunch

ADULT LUNCH: \$3.75